The Kenilworth Senior Center invites you to join us for a



Kepilworth Sepior Arts, Crafts and Photography Show

(Sunday) May 19, 2024 (10 a.m.-4 p.m.) Kenilworth Senior Center • 526 Boulevard • Kenilworth, N.J.

This indoor show, taking place during the Kenilworth Street Fair, will highlight the talents of local Seniors (age 60 and older) who will be displaying/selling their artwork, crafts and photos. Admission is free.

> Advance registration for show participants (by May 8) is requested. Exhibit space will be allocated on a first-come, first-served basis. For further information, please call <u>908.276.1716.</u>

The event is part of the Kenilworth Senior Center's Grand Reopening Celebration and is among various new programs being offered at the Center during "Older Americans Month." (See Borough website at <u>www.kenilworthborough.com</u> under Departments/Senior Services tabs) REGISTRATION FORM for May 19, 2024 Kenilworth Senior Arts. Crafts and Photography Show

Name:\_\_\_\_\_Phone No.:\_\_\_\_\_ Address:\_\_\_\_\_e-mail \_\_\_\_\_ Type of work to be exhibited:

Type of exhibit space required: Wall \_\_\_\_\_ Table \_\_\_\_\_ Other (explain) \_\_\_\_\_

Exhibit Setup at Senior Center: Thurs., May 16 (10 a.m.-3 p.m.)

<u>PLEASE RETURN THIS FORM (BY MAY 8) TO</u>: Shirley Boyden Maxwell, Senior Program Director Kenilworth Senior Center • 526 Boulevard • Kenilworth, NJ 07033 THANK YOU FOR YOUR INTEREST AND PARTICIPATION!

## The Kenilworth Senior Center/526 Boulevard, Kenilworth, N.J. 07033

## NEWS RELEASE

For Release Immediately Contact: Shirley Boyden Maxwell (908) 709-0434

## KENILWORTH SENIOR ARTS, CRAFTS AND PHOTOGRAPHY SHOW/SALE TO BE FEATURED DURING SENIOR CENTER'S MAY 19 GRAND RE-OPENING

KENILWORTH, N.J., March 13, 2024 – Local seniors (age 60 or older) will have an opportunity to show and/or sell their artwork, crafts and photographs during a Kenilworth Senior Arts, Crafts and Photography Show that will take place at the newly renovated Kenilworth Senior Center (526 Boulevard) on Sunday, May 19. The event, a major highlight of the center's planned Grand Reopening celebration, coincides with the timing of the Kenilworth Street Fair. Exhibit space in the show will be allocated on a first-come, first-served basis. Interested participants should register by May 8. Registration forms will be available at the Kenilworth Senior Center, Kenilworth Public Library, Love You More floral boutique (13 N. 20<sup>th</sup> Street), Borough Clerk's office and on the Borough website (<u>www.kenilworthborough.com</u>). For further information, please call Shirley Boyden Maxwell, senior program director, at 908-276-1716.

Other exciting new programs being presented for seniors at the Kenilworth Senior Center include the acclaimed WISE (Wellness Initiative for Senior Education) program, which features six enlightening, interactive 2-hour sessions led by knowledgeable facilitators from Prevention Links. Topics to be covered include the aging process and how to make healthy lifestyle choices; risk factors and behaviors to avoid in order to stay healthy; stress/depression management; medication management and prevention of substance misuse; guidance in communicating with health care providers; and tools to build confidence and empowerment in life and in health care. The WISE program starts on Tuesday, April 23 (11:30 a.m.-1:30 p.m.) and continues at the same time each subsequent Tuesday through May 28. Admission to the program, including lunch, is free. To register, please call Shirley Maxwell at 908-276-1716 by April 16.

For a complete listing of classes (line dancing, fitness/exercise, zumba, chair yoga, crafts and more) and other programs offered by the Kenilworth Senior Center, please see postings at the center's entrances and refer to the Borough website under the Senior Services tab.